

Sam Bowring

Comedian/Writer

Sam began performing standup comedy at the famous Harold Park Hotel in 1996 when he was 16, getting his first paid work there at 17.

“★★★★. His jokes are like ninjas quietly sneaking up on you.... undeniably funny.” - Adelaide Advertiser

A finalist in the 1997 Comic of the Year Awards, he then moved to Bathurst to study Communications at Charles Sturt University. Here he ran 'Comics Out West', a comedy club playing throughout the central west of NSW, and also had a regular show on community radio station 2MCE.

“Ingenious” - dB Magazine

Upon return to Sydney he became a state Raw Comedy finalist in 2003, and placed second in the national finals in 2004. He has been heard on TGI Fridays with Richard Glover (ABC 702) and on Triple J, including a regular spot on the breakfast show with Wil Anderson and Adam Spencer in 2004. Currently he is a regular on Home Grown Humour, syndicated to radio stations across Australia.

“He makes it easy to laugh... an immensely likeable boyishness... his endearing meander earned well-deserved laughs” - Beat Magazine

Sam has written for *The Big Bite* (channel 7) and *Newsworld* (channel 7, pilot). His published books are *Sir Joshua and the Unprofessional Dragon* (Koala Books, 97), and *In Sarah's Dreams* (ILTS Publishing, 05). His plays include the sell out *Great Library of Earth* (01, 02) which he also directed, and *Death's Waiting Room* (02, 03, 05).

“A comedic chameleon, Bowring works a concept over from every angle until it begs for mercy and the audience begs for more.” - Triple M

Currently, Sam runs comedy event company 'A Mic in Hand' with fellow comic Kent Valentine at The Friend in Hand Hotel, which has built a reputation for being one of the best rooms in Australia. In 2005 he produced and performed in the MICF Show *Mic in Transit, the Big Laugh Festival* (Sydney), helped produce and appeared in the Sydney Comedy Underground DVD (commercial release) and was selected for a showcase Letterman audition at The Comedy Store.

In 2006 Sam enjoyed critically acclaimed shows in both the Adelaide Fringe and Melbourne International Comedy Festivals. He was nominated for Best Emerging Comic in Adelaide, and for Best Newcomer and The Piece of Wood Award in Melbourne, and also appeared in the Moosehead Benefit Night, in front of a 1500 strong crowd in the Melbourne Town Hall.

Live Shows

2006	The Wishes of Children – Solo Show Melbourne International Comedy Festival
2006	Splitting the Bill – with Kent Valentine Adelaide Fringe Festival
2005	Launchpad – with Nick Sun and Justin Heazlewood Big Laugh Festival, Sydney
2005	Mic in Transit – A Showcase of new Sydney comics Melbourne International Comedy Festival
1998/01	Comic Out West – Charles Sturt University (Producer & Performer)

Writing

2006	<i>The Ronnie Johns Half Hour</i> (Contributing Writer)	Ten Network
2006	<i>Stand Up! Australia</i> (Contributing Writer)	Comedy Channel
2001/02	<i>The Big Bite</i> (Contributing Writer)	Channel Seven

Television

2007	<i>Sam Bowring</i> <i>Consumer Advocate</i> (Interstitials)	Comedy Channel
2007	<i>Stand Up! Australia</i> (Stand Up Appearance)	Comedy Channel
2006	<i>Stand Up! Australia</i> (Stand Up Appearance x2)	Comedy Channel
2006	<i>Sydney Comedy Underground</i> DVD Release (Stand Up Appearance)	Independent
2004	<i>Stained Glass Fishbowl</i> (Stand Up Appearance)	Channel 31

Radio

2004–Now	<i>Homegrown Humour</i> (Stand Up Appearances)	Radiowise
2004	<i>Breakfast Show with Wil & Adam</i> (Weekly Guest Spot)	Triple J
2004	<i>TGI Fridays with Richard Glover</i> (Regular Guest)	ABC 702

Other Notable Live Work

Support for Arj Barker – Melbourne International Comedy Festival & Enmore Theatre, Sydney, 2006
Performed at the Moosehead Benefit – Melbourne International Comedy Festival 2006
Woodford Folk Festival 2005

A Mic in Hand – Regular comedy night since June 2003 (Co-Producer & Performer)

Sam has also made various stand up appearances on campus and in pubs and clubs across Australia, including The Comedy Store, Rhino Room and Dockside Comedy Bar in Brisbane.

Awards

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| 2006 | Nominated for “Best New Comic” for The Wishes of Children – Melbourne International Comedy Festival |
| 2006 | Nominated for “The Piece of Wood” Award for The Wishes of Children – Melbourne International Comedy Festival |
| 2006 | Nominated “Best Emerging Comedy” for Splitting the Bill – Adelaide Fringe Festival |
| 2004 | Runner Up in the Raw Comedy National Final |
| 1997 | Nominated for “Comic of the Year” – Harold Park Hotel, Sydney |